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ABSTRACT OF THE DISCLOSURE

An ink jet recording material is constituted by a support and a recording layer on the support, in which a plurality of recording layer may be provided. At least one
5 recording layer contains colloidal particles and a water-soluble resin. In order to produce the ink jet recording material, a sticking or adhesive interlayer is provided on a support, and a recording layer including at least one layer is superposed on the interlayer. At least one of the at least one
10 layer of the recording layer contains colloidal particles and a water-soluble resin, and the recording layer is coated and formed on a forming material. Then, the forming material is peeled from said recording layer.